Young Adult Care at Howard County Pediatrics:

- **Your Medical Records:**
  Turning 18 means that you are now an adult regarding your medical care; your record or treatment plan may not be discussed with your parent without your written consent. This is known as a Release of PHI (Protected Health Information), and is available on this website for your convenience under Forms.

- **Attending College Away From Home:**
  Remember that our doctors cannot diagnose a new medical problem without seeing you first. If that is not an option, please seek care locally on campus.

  If you have a chronic medical condition and are using continued medications, we must see you in person periodically to renew your prescription. This is in addition to scheduling a yearly check up. We will see you up until your 22nd birthday.

- **Ready to Move On?**
  Don’t forget to request your medical records as you transition to your adult primary care physician. We offer a list of Adult Primary Care Physicians that can be found under Recommended Specialists on this website. Records transfer to a new physician can take approximately 2 weeks.